

SABBATH

1 - DOES THE LORD HAVE A SPECIAL DAY? REVELATION 1:10

Yes, this day is called the *'Lord's day'* and it is different from every other day of the week. Let's find out what the Bible has to say about this day.

2 - JESUS IS THE LORD OF WHICH DAY? MARK 2:27-28

Jesus calls Himself the *"Lord of the Sabbath"* (v. 28). The Sabbath is so important to Jesus that He calls Himself the Lord of it.

Note: Jesus also says that *"the Sabbath was made for man"* (v. 27) which means that this special day is for everyone.

3 - WHAT IS THE SABBATH? EXODUS 20:8-11

"The seventh day is the Sabbath" (v. 10). Clearly, Sabbath is the seventh day of the week, which is Saturday. There are over 104 languages in the world whose name for the seventh day is "Sabbath".

Note: A biblical day runs from sunset to sunset, not midnight to midnight (see Genesis 1:5, 8, 13, 19, 23). Therefore Sabbath runs from Friday evening till Saturday evening.

4 - WHEN WAS THE SABBATH GIVEN? GENESIS 2:1-3

After Jesus had finished His work of creation (see Colossians 1:15-16), He rested on the seventh day, then blessed the Sabbath and made it holy.

5 - DID JESUS KEEP THE SABBATH? LUKE 4:16

Jesus kept the Sabbath. It was His custom to go to the synagogue (church) on this day.

6 - WAS THE SABBATH DONE AWAY WITH? ACTS 13:14, 42-44

There is an abundance of evidence in the New Testament that the followers of Jesus kept the seventh-day Sabbath after Jesus' death (see Luke 23:56). Just like Jesus, the apostle Paul's custom was to worship on the Sabbath day, even when there was no synagogue around (see Acts 16:13, also Acts 17:2 & 18:4). Jesus clearly expected His followers to keep the Sabbath long after His death (see Matt 24:20).

7 - WILL WE KEEP THE SABBATH IN HEAVEN? ISAIAH 66:22-23

Even when God creates a new heaven and earth, we will worship Him on His special day— the Sabbath.

Jesus invites us to love Him with all our hearts and follow Him regardless of anything else. Are you willing to remember the Sabbath and keep it holy?